



Who? Global Medical Brigades, an international network of university clubs that travel to over 70 rural Honduran villages to deliver primary health care.

When? January 8th to January 14th, 2011

Where? Nuevo Paraiso (fly into Tegucigalpa, Honduras)

Why Honduras?

Honduras, a country of nearly 8 million, suffers from poor economic and health indicators. Roughly 30 percent of the population receives no health care, 83 percent is uninsured, and health expenditure is among the lowest in Latin America. Disease and malnutrition are the leading causes of death in children under 5 years. Education, health care and clean water are luxuries. The goal of Global Medical Brigades is to provide basic health care to communities via medical brigades trips.

Practice your skills abroad.

To make this trip a success, I need your help in the following 3 ways:

1. Raising much needed medicine and medical supplies. Your help in donation of medications as a resource in treating patients, as provided in the attached list.

2. Join me as a medical professional volunteer. Cost: In-country costs are all-inclusive (housing, food, transportation, laundry, tips, fees, etc) is \$750. Airfare is the only other cost and is typically between \$500 - \$1000.

3. Fundraising – If you are unable to donate medications or accompany us, we still greatly need your support to make our brigade a success. Without donations from members of the medical community these brigades would not be possible. Donations will go towards purchasing medications and supplies that are difficult to collect in the United States. We accept donations by check or online. Contact berkeleypostbaccs@globalbrigades.org for more information.

Contact me

Name:

Phone:

E-mail:

<http://berkeleypostbaccs.gmb.weebly.com/>



LIST OF MEDICINES & SUPPLIES FOR A MEDICAL BRIGADE:

General

Antiseptic soap in liquid
Alcohol bottles
Beta dine liquid
Hydrogen Peroxide
Gauze
Gloves
Disposable Thermometer
Tongue depressor
Paper
Pencils
Pens
Plastic Bags
Paper towels
Small envelopes for pills
Plastic bags sandwich bags
Small stickers for patients instruction

Vitamins/Supplements

(large quantities)(Adults & Children)

Multivitamins
Folic acid
Iron
Calcium
Pre-natal Vitamins for pregnancy

Antibiotics (Adults & Children):

Ampicillin
Amoxicillin
Bactrim
Erythromycin
Penicillin
Metronidazole
Cipro
Clarithromycin
Cefprozil
Metronidazole

Analgesics (Adults & Children):

Aspirin
Tylenol
Excedrin
Motrin
Advil
Acetaminophen
Ibuprophen

Antiflammatory

Naprosyn
Piroxicam

Nasal Sprays/Asthma:

Nasal block
Inhalers
Atrovent

Antacids:

Ranitidine
Tums/Roloids
Pepcid
Maalox etc
(large quantities)

Antihistamines

(adults & children):

Claritin
Ranitidine
Decongestants. Cough medicine

Antifungal, antibiotics:

Antifungal, topical:

Nystatin
Miconazole nitrate - Ecostatin

Parasite AND GI (large quant.):

Albendazole
Mebendazole
Thiabendazole
Pirantel pamoate
Immodium
Loperamide
Oral salts

CVD/Hypertension/Diabetes:

Atenolol
Metformin
Nadolol
Renedil
Atacand

Women's Health:

Birth control
Prenatal care
Hygiene supplies
Nystatin/Yeast Infections
Vaginal cream

Eye/Ear :

Otic drops
Artificial tears
Antibiotic eye drops

Dermatoses:

Neomycin Sulfate
Hydrocortisone cream
Polymixin B sulfate – Corstisporin
Skin care products/hygiene
Sunblock

Health Promotion/Disease

Prevention:

Soap
Shampoo
Nail clippers
Combs
First aid kit

Dental:

Benzocaine
Lidocaine
Cloroprocaine
Flouride rinse
Flouride lollipops
Toothbrushes
Toothpaste
30 GA short needles
27 GA long needles
Bite Blocks
Disposable cups
Table covers
Plastic trays
Spit cups
Gauze
Saline solution
Stick shields
Irrigation syringes
Surgical masks
Goggles/glasses
Dental Bibs
Listerine
Scrub brush
Sterilizing fluid
Sharps container